

Monday

Granville Plus Best Start Family Hub timetable

September – December 2026

Session	Date(s)	Time	Age group	Booking details
Health visiting review checks	Weekly	9am - 3pm	As per appointment	By appointments from Health Visitors
Citizen's Advice Brent Independent advice in all legal matters	Weekly	9:30am - 2:30pm	Families	Call Centre to book an appointment
Baby tummy time with Sensory play	Weekly	10am - 11am	0 -10 months	Book a space online
Being with your baby	14 September 21 September 28 September 5 October 12 October	10am - 11am	0 -10 months	Book a space online
CFIS - Children and families information guidance	Biweekly	10am - 3pm	Families	Call Centre to book an appointment
Being with your baby	14 September 21 September 28 September 5 October 12 October	10am - 11am	0 -10 months	Book a space online
Let's Talk	Weekly	2pm - 3pm	14mths- 3.5yrs	Book a space online
After school tuition by Global Skills	Weekly	4:30pm - 6:30pm	8 years +	By referrals only
Mixed Martial Arts (MMA)	Weekly- term time only, start date TBC	5pm - 7pm	Ages 11+	Book a space online
Divine Purpose Youth Club at Vale Community Centre	Weekly	5pm - 8pm	ages 8 - 16years	Call 07901762889 for more information

Session	Date(s)	Time	Age group	Booking details
Midwifery service	Weekly	9am - 4pm	Expectant mothers	By appointments only from midwives
Breastfeeding support	Weekly	9am - 1pm	Mothers/babies	By appointment only from Health Visitor
ESOL by Salusbury World	Starts 22 September Weekly - term time only	10am - 12pm	Women only	By referrals only
CAMHS support	Weekly	9am - 5pm	Under 5s'	By referrals only
Brent and Harrow Perinatal mental health service	Weekly	1pm - 5pm	Parents	By appointment only from midwife
Toddler messy play	Weekly	2pm - 3pm	14 months - 36 months	Book a space online
Christmas Celebrations with MR Ruffles	22 December	1:30 - 3:30	3yrs - 10yrs	By referrals only
After school tuition by Global Skills	Weekly - term time only	4:30pm - 6:30pm	8 years +	By referrals only

Wednesday

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Session	Date(s)	Time	Age group	Booking details
Midwifery service	Weekly	9am - 4pm	Expectant mothers	By appointments only from midwives
Health visiting review checks	Weekly	9am - 3pm	As per HV booking	By appointments from Health Visitors
Brent and Harrow Perinatal mental health service	Weekly	9am - 5pm	Parents	By appointment only from Midwife
Childminder session	Weekly	10am - 12pm	Registered Childminders	Drop-in session
Little explorers	Weekly (except last Wednesday of the month)	2pm - 3pm	12 months- 3 years	Book a space online
Emotions and routines	Last Wednesday of each month	2pm - 3pm	12 months - 3 years	Book a space online
After school tuition by Global Skills	Weekly - term time only	4:30pm - 6:30pm	8 years +	By referrals only

Thursday

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Midwifery service	Weekly	9am - 4pm	Expectant mothers	By appointments only from midwives
Shakers and movers with sensory play	Weekly	10am - 11am	10 -18 months	Book a space online
Family community work coach	Weekly - term time only	10am - 2pm	Parents/carers/young people	Call centre to book an appointment
English conversation by Global Skills	Start date TBC Weekly - term time only	10am - 12pm	Parents/carers/young people	Call Centre for more information
Own her life	16 October – 18 December	10am- 12pm	Women only	By referrals only
Busy feet	Weekly	2pm - 3pm	14 months - 4 years	Book a space online
Parent and infant Relationship service PAIRS	Weekly	1pm - 5pm	Families	By appointment only
After school tuition by Global Skills	Weekly -term time only	4:30pm - 6:30pm	8 years +	By referrals only

Friday

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Session	Date(s)	Time	Age group	Booking details
Midwifery service	Weekly	9am - 4pm	Expectant mothers	By appointments only from midwives
CAMHS support	Weekly	9am - 5pm	Under 5s'	By referrals only
MOM Club - restore her space	Weekly, term time only , Satrt date TBC	10am -12pm	Women only	Book a space online
Art Club with H	Weekly	4pm - 5:30pm	8 years +	Book a space online
After school tuition by Global Skills	Weekly- term time only	4:30pm - 6:30pm	8 years +	By referrals only

Centre information

- Free vitamins are available at the Best Start Family Hub for all pregnant women and children under 5 years old. [Find out if you are eligible](#)
- Triage Services – The hub offers short term support to families to access both universal and targeted services.
Book appointment via Brent 'My Account'.

Useful Links

The Local Offer - <https://www.brent.gov.uk/localoffer>

Provides information and advice for Children with Special Educational Needs and Disabilities (SEND)

Children and Family Information Service (CFIS) - <https://www.brent.gov.uk/cyp>

Provides information and advice on a range of services for families, including childcare and early education.

Holidays Activities and Food Programme - <https://www.brent.gov.uk/haf>

Provides free access to activities and healthy meals to eligible children during school holidays.

Brent Start For Life - <https://www.brent.gov.uk/startforlife>

Find information and advice about pregnancy, birth and children under 5, along with local support to help you give your child the best start in life.

Brent Youth Zone - <https://www.brentyouthzone.org.uk/>

Provides information and activities for young people.



[Granville Plus Best Start Family Hub](#)

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