

Session	Date(s)	Time	Age group	Booking details
Midwifery services at Curzon	Weekly	9am - 4pm	Expectant Mums	By appointments only
Health review checks at Curzon	Weekly	9am - 4pm	1 - 2 years	By appointments from Health Visitors
Let's Get Moving at Curzon	Weekly	9:30am - 11am	0 - 5 years	Book a space online
Strengthening Families and Strengthening Communities at Fawood Learn practical strategies to understand child development, encourage positive behaviour, strengthen family relationships and manage challenging behaviour. Find out more at https://www.brent.gov.uk/strengtheningfamilies	Weekly from 14 September (13 weeks)	10am - 1pm	Parents/Carers (creche available for 0-5 years)	Book a space online
Brent Youth Futures at Curzon Employment Support and Advice	Weekly	12pm - 4pm	16 -19-years or up to 25 years with disability	Call Centre to book an appointment
MMR Clinic at Curzon	Weekly	10am - 3pm	Parents/Carers	Please contact Centre on 0208 4596813 for more details
Art Club at Curzon	TBC	4 - 5:30pm	8 years plus	Book a space online
Brent Health 4 Life Minis 1:1 clinic at Fawood	Weekly	9:30am - 12pm	2 - 5 years	By appointments only - call centre on 0208 4596813 to book an appointment

Session	Date(s)	Time	Age group	Booking details
Let's Talk at Fawood	Weekly	10am - 11am	0 - 5 years	Book a space online
Inclusive Play & Learn	Weekly	1pm - 2:30pm	0 - 5 years	Book a space online
MMR Clinic at Fawood	Weekly	9:30am - 2:30pm	Parents/carers	Please contact Centre on 0208 4596813 for more details
Baby Clinic and breastfeeding advice at Fawood	Weekly	1pm - 3pm	0 - 5 years	Drop-in session
Children & Families Information Service at Fawood	Fortnightly	9:30am - 4:30pm	Parents/Carers	Drop-in Session
One Stop Shop at Curzon	Weekly	9:30 - 12:30pm		Please contact Centre on 0208 4596813 for more details

Session	Date(s)	Time	Age group	Booking details
Health review checks at Curzon	Weekly	9am - 4pm	1 - 2 years	By appointments from Health Visitors
Citizen Advice Brent at Curzon Independent advice in all legal matters	Weekly	9:30am - 3:30pm	Adults	Call centre on 0208 4596813 to book an appointment
Circle of Security at Curzon	Weekly from 23rd Sep	11:30am - 1pm	Parents/carers (creche available for 0-5 years)	Book a space online
Inclusive play & learn at Fawood	Weekly	9:30am - 11am	0 - 5 years	
Tummy time at Fawood	Weekly	1pm - 2:30pm	0 - 15 months	Book a space online
Introduction to solids Weaning advice from health team	3rd Wednesday of every month 16 September 21 October 18 November	9:30am - 11am	6 months	Book a space online

Thursday

Curzon & Fawood Wellbeing Centre timetable
September – December 2026

Session	Date(s)	Time	Age group	Booking details
ESOL at Curzon Develop basic English language skills, speaking, reading and writing	TBC	12:45pm - 2:45pm	For Parents (Crèche available for 0-5 years)	By referral only
Baby yoga & massage at Fawood	Weekly from 1 October (4 sessions)	10am - 11am	0-12 months	Book a space online

Friday

Curzon & Fawood Wellbeing Centre timetable

September – December 2026

Session	Date(s)	Time	Age group	Booking details
Midwifery services at Curzon	Weekly	9am - 4pm	Postnatal clinic	By appointments only
Messy play at Curzon	Weekly session starts date TBC	9:30am - 11am	0 - 5 years	Book a space online
Brent Health 4 Life Minis 1:1 clinic at Curzon	Weekly	1pm - 4pm	2 - 5 years	By appointments only Call 0208 4596813 to book an appointment
Children & Families Information Service at Curzon	Fortnightly	9:30am - 4:30pm	Parents/Carers	Drop-in Session
Family Financial Resilience Partnership - CAB at Fawood	Weekly	9:30am - 3:30pm	Families	Contact reception on 0208 4596813 for more details
Toy library at Fawood (Subscription fee required)	TBC	TBC		Contact reception on 0208 4596813 for more details

Centre information

- Free vitamins are available at the Centre for all pregnant women and children under 5 years old.
- Foodbank vouchers – please contact reception if you need help with food, nappies, toiletries etc.

Useful Links

The Local Offer - <https://www.brent.gov.uk/localoffer>

Provides information and advice for Children with Special Educational Needs and Disabilities (SEND)

Brent Start For Life - <https://www.brent.gov.uk/startforlife>

Find information and advice about pregnancy, birth and children under 5, along with local support to help you give your child the best start in life

Children and Family Information Service (CFIS) - <https://www.brent.gov.uk/cyp>

Provides information and advice on a range of services for families, including childcare and early education.

Holidays Activities and Food Programme - <https://www.brent.gov.uk/haf>

Provides free access to activities and healthy meals to eligible children during school holidays.

Brent Youth Zone - <https://www.brentyouthzone.org.uk/>

Provides information and activities for young people.



[Curzon & Fawood Family Wellbeing Centre](#)

[Curzon](#) – Curzon Crescent, NW10 9SD - 0208 459 6813

[Fawood](#) – 35 Fawood Avenue, NW10 8DX – 0208 965 9334

Email: admin@curzon.brent.sch.uk